



GROUP FITNESS WATER SCHEDULE

JUNE 2023



MONDAY

9:00 AM Water Aerobics with Dorothy

TUESDAY

NO WATER CLASS OFFERED

WEDNESDAY

9:00 AM Water Aerobics with Theresa

THURSDAY

9:00 AM Water Aerobics with Theresa

FRIDAY

9:00 AM Water Aerobics with Theresa

SATURDAY

10:30 AM Aqua Zumba with Vivian

11:00 AM Water Aerobics with Theresa

SUNDAY

NO WATER CLASS OFFERED

REMEMBER TO REGISTER FOR CLASSES ON THE APP TO ENSURE NOTIFICATIONS OF CLASS CANCELLATIONS OR CHANGES!